103-03-Home Based Services

Fund/Agency: 103/67	Aging Grants			
Personnel Services	\$500,569			
Operating Expenses	\$246,624			
Recovered Costs	\$0	CAPS Percentage of Agency Total		
Capital Equipment	\$0			
Total CAPS Cost:	\$747,193	19.4%		
Federal Revenue	\$48,000			
State Revenue	\$539,554			
User Fee Revenue	\$0			
Other Revenue	\$15,116			
Total Revenue:	\$602,670	80.6%		
Net CAPS Cost:	\$144,523			
		■ Home Based Services ☐ All Other Agency CAPS		
Positions/SYE involved in the delivery of this CAPS	9/9			

► CAPS Summary

The Home Based Services program is provided under the area plan for the Fairfax Area Agency on Aging. The Home Based Services program provides case management (the Care Network) and in-home assistance with the tasks of daily living for persons aged 60 and over. Home Based Services provides support to individuals and families and delays and prevents inappropriate and premature institutionalization. Home Based Services are provided on a sliding fee basis. The Home Based Services program is provided in coordination with other services offered by Adult and Aging Services.

The Home Based Services program assists elderly persons who would otherwise require services in assisted living or nursing facilities. Elderly persons generally would prefer to live in their own homes or with family members. Even for those who are interested in assisted living, there is a lack of available spaces for persons who require public assistance (auxiliary grants) to pay for the cost of services.

Aging Grants and Programs

Because the Fairfax Area Agency on Aging accepts State and Federal funds, the Home Based Services Program is required to provide pre-admission screening for all individuals who will be eligible for community or institutional long-term care services to determine their need for nursing facility services. For community-based screenings, the screening team must consist of a nurse, social worker, and physician who are employees of the Department of Health or the local department of social services.

Method of Service Provision

Case management services are provided by the County's Care Network, a team of social workers, nurses, and one mental health counselor. Services include a comprehensive assessment of needs by a social worker, nurse, and/or mental health counselor. Services may include an assessment of Medicaid-funded, community-based services. The case manager develops a plan of care that may include coordination of medial care, counseling services, inhome care, transportation, or day care. The Care Network serves minority and non-English speaking elderly persons, low-income seniors, elderly persons using crisis services at hospitals, and elderly persons who might not otherwise receive services but are able to pay on a sliding scale. Through a private-public partnership with INOVA Health Systems, elderly persons are also referred for case management services through ElderLink.

In-home services under the area plan are provided at ten senior residences by approved independent providers and contracted agency vendors. The homemaker services are available in a task-based model, which pays vendors based on the tasks performed rather than the number of hours the vendor works. These services include housekeeping, meals, and laundry and allow seniors to continue to live in independent apartments in the community.

Performance/Workload Related Data

Title	FY 1998 Actual	FY 1999 Actual	FY 2000 Actual	FY 2001 Estimate	FY 2002 Estimate
Care Network Clients	759	646	724	750	760
Area Plan In-Home Services Clients	114	117	169	174	180
Client Satisfaction for Area Plan In-Home Services	NA	NA	82.9%	90%	90%